

RACIAL MICROAGGRESSIONS



1) How do you typically react when you experience or witness a micro aggression happening to or around you?

2) How do you think you can respond or intervene in order to prevent future micro aggressions happening in the workplace?

when they happen I ask myself-is it just me? did that happen? It's hard to stand and speak up

when I see a microaggression I try to speak up-it is easier to call it out if I am not the focus of the microaggression

People that do microaggressions don't understand the impact, they are defensive

I codeswitch codeswitching= mannerisms and tone of voice modify to comfort the dominant culture)

I lead vs. assert myself