Intentions for Racial/Social Justice Education:

Directions:

- Check-off any that align with your current intentions and values
- Circle the # of those you want to add to your practice
- Create space for honest, authentic dialogue
- 2. Engage in respectful dialogue
- 3. Treat others with dignity, respect, and care
- 4. Deepen understanding across differences
- 5. Meet people "where they are" without judgment
- 6. Deepen learning and self-reflection
- 7. "Go with the flow;" trust the process
- 8. Create a brave learning community for the expression and engagement of differing viewpoints
- 9. Stir cognitive dissonance ~ explore multiple perspectives
- 10. Support disagreement with a person's ideas without attacking their humanity
- 11. Facilitate engaged, respectful disagreement
- 12. Create space for people to express their emotions
- 13. Demonstrate compassion and empathy
- 14. Leave people feeling whole
- 15. Do no harm
- 16. Use teachable moments and triggering events to deepen learning, understanding, and insight
- 17. "Relate in" to others; see yourself in others
- 18. Deepen connections and relationships with others
- 19. Model the racial/social justice behaviors you espouse: authenticity, empathy, self-reflection, engagement, bravery, willingness to learn, humility, willingness to change...
- 20. Model how to effectively respond when you feel triggered
- 21. Model effective recovery skills after making an unproductive comment or when your behavior results in negative impact on others
- 22. Plant seeds; influence hearts and minds...
- 23. Encourage everyone to engage in dialogue
- 24. Be cognizant of the possible unintended impact of comments and behaviors
- 25. Explore both the impact and the intent comments and actions
- 26. Model how to identify deeper issues/unmet needs fueling feelings, perceptions, and behaviors
- 27. Discuss both dynamics of racism and white supremacy culture as well as examples of racial justice and liberation

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